MICHIGAN LONG-TERM CARE SUPPORTS & SERVICES ADVISORY COMMISSION MEETING

Minutes of Monday, July 27, 2009 Capitol View Building, Lansing, Michigan

I. Organizing Ourselves

A. Roll Call

Members Present

Robert Allison Yolanda McKinney Excused: RoAnne Chaney – Secretary Denise Rabidoux Linda Ewina Hollis Turnham - Vice Chair Christine Chesney William Mania Andrew Farmer - Chair Cyndy Viars Absent: Connie Fuller Toni Wilson Marcia Moers William Gutos Jon Reardon

Dohn Hoyle Rev. Charles Williams

Ex-Officio Present

Mary Ablan, Area Agencies on Aging Association of Michigan Barbara Anders, Designee for DHS Director Peggy Brey, Designee for DCH Director & Office of LTC Supports and Services Sharon Gire, Office of Services to the Aging Sarah Slocum, State Long-Term Care Ombudsman Absent: DELEG

Office of Long-Term Care Supports and Services Presenters & Staff Support Present Nora Barkey, Gloria Lanum, Pam McNab, Tari Muniz, and Marlene Simon

B. Review and Approval of May 11, 2009 Minutes

Motion by Commissioner Turnham, seconded by RoAnne Chaney, to approve the May meeting minutes as presented. Motion passed by voice vote.

C. Review and Approval of July Agenda

Motion by Commissioner Wilson, seconded by Commissioner Allison, to accept the agenda. Motion passed by voice vote.

II. SPE Evaluation Presentation

A. Single Point of Entry Demonstration, "Highlights of Cost Effectiveness Evaluation" – Eileen Ellis, Health Management Associates

The evaluation report looked at the differences in long-term care services and costs, level of care determinations, transitions out of nursing facilities and back to the community and potential future savings. A preliminary report was done in late 2008 and the final report due in April 2009 to the legislature. When the report was presented to the house committee, there were mostly clarifying questions. Some committee members were in favor of the program.

HMA's role was not to evaluate the impact on consumers or the value added by providing information but rather a narrow aspect required by the legislation that there had to be a cost

effectiveness analysis, that there had to be sufficient savings in long term care services to offset the cost of funding the SPE or a demonstration that a savings would accrue. One promising trend was the transitions out of nursing facilities. If the higher transition rate is maintained, there could be an expected savings of \$11.3 million per year. The total number of transitions was counted. They could have been by the SPE without a referral to a CIL or Waiver agent. The data came from OLTCSS and not from the claims processing center. Only Medicaid recipients were counted; not Medicare. The transition would have had to involve the SPE to be recorded. The definition used was: "Someone who needs some sort of support or housing or has barriers that a discharge won't happen without someone help".

Conclusions from the report were:

- The SPE was correlated with lower trends in nursing facility days and MI Choice Waiver days of service.
- Adult home help costs were higher in Detroit.
- As of September 2008, the SPE was not yet cost effective in that it did not show a significant savings to offset the cost of running the SPE. It was noted that the SPEs outside of Detroit had already achieved cost effectiveness.
- The SPE had promising results related to transitions out of nursing facilities and lower rates of approval for entry into nursing facilities or the MI Choice Waiver that could reduce future long term care costs.

The Waiver Program in Michigan is budget driven and more would need to be known about the budget to determine why the waiver days decreased. The report evaluation gives the zip codes used for the increased use of home help in Detroit. It did not include all of Wayne County. There are more low income seniors in Detroit seeking services and meet the income eligibility than in other SPE areas. Detroit hand delivered applications and worked with DHS workers to determine eligibility and streamline the process in a timely manner. The Waiver was also closed in Detroit during most of the time the SPE was in operation. There was interest in seeing whether there were nursing homes in the zip codes listed in the report. In some areas of Detroit, there are no nursing homes and there may have been more focus on home help in those areas. Additional requests for data included:

- 1. Additional analysis and graphs on transitions in Detroit versus non-Detroit.
- 2. Split out data by each individual pilot for Waiver days, home help and transitions.
- 3. Look at the types of transitions among Medicaid or non-Medicaid services.

Ms. Ellis stated that she felt that the report was premature. Six more months' worth of data is now available but the report was due to the legislature in April so data up to the closure of the SPEs was not used.

Motion by Commissioner Turnham, seconded by Commissioner Chaney, to request the Department update the cost effectiveness report by analyzing all the available data through the closure of the SPEs. Motion passed by voice vote. Commissioner Farmer will draft a formal request.

III. AoA Grants and Update on Project 2020

A. ADRC and the CLP Grants – OLTCSS Director Peggy Brey

Office of Services to the Aging (OSA) is applying for an ADRC grant which would provide \$600,000 to \$750,000 over a three year period. The AoA is looking at states who do not have an ADRC and those that do, could apply for enhancements. A call has been made to the AoA to determine if Michigan is a new ADRC or one who would be enhancing. A stakeholder's

meeting was held on July 23, 2009 and written input could be submitted through July 27, 2009. The Application is due August 10, 2009. OSA is also applying for the Community Living Partnership (CLP) grant. Michigan has already received two of these grants and this would be a continuation. The CLP grant also has a section for veterans. It wasn't known whether the benefits would extend beyond the veteran to include family and spouse. It has a personcentered approach to help veterans get community based help. It would also provide technical assistance, person-centered planning training, self determination and IT infrastructure. This grant is for \$600,000 over a 24 month period and is due August 3rd.

B. Project 2020 - OSA Director & Ex-Officio Commissioner Sharon Gire

The goal of Project 2020 is to provide resources to implement consumer-centered and cost-effective long-term care strategies in the 2006 reauthorization of the Older Americans Act. The strategies would be implemented by using a three-pronged program including person-centered access to information, evidence-based disease prevention and health promotion activities and enhanced nursing home diversion services. Project 2020 seeks appropriations to match these concepts and authorize legislation for these programs. It is expected that federal spending will continue to grow for Social Security and Medicare, and there is concern regarding the sustainability of Medicare and Medicaid in the future.

There has been a slight decrease for 2007-2008 in the amount for Medicaid nursing home settings. Home and community based waivers may contribute to the decrease. The nursing home grant (CLP) is very important to help people manage resources to stay independent and also provides lower cost supports. Costs for 85 and older skyrockets with the growing need for long-term care. It would be optimal that proposed legislation (S.B. 1257/H.B. 2852) be passed this term. The August recess is critical whether Project 2020 is incorporated into the health care reform. There are efforts to attach this to the health care reform or appropriation bills that are already moving through Congress. The National Association of Area Agencies on Aging plan to advocate for the Project 2020 proposal.

Commissioners had concerns about, 1) services for people under age 60, 2) lack of funding for expanding advocacy services, and 3) lack of PCP in the proposal.

IV. What Else is Happening

A. Public Comment

Tandy Bidinger, Michigan Developmental Disabilities Council, Lansing, asked if the evaluation of the SPEs looked at the difference of the usage of the SPEs for people with disabilities under the age of 60 versus senior citizens. The MPHI report contains this information.

B. Logic Model Review: Task Force Recommendation on Chronic Care Management & Prevention – Commission Workgroup Chair, Roanne Chaney & PAT Lead, Nora Barkey

The background was reviewed on the 13 strategies and action steps. The Project Action Team serves as the broad-based coalition of aging, disability and other organizations (Strategy #1). Objective #1 doesn't impact Medicaid. The activities the state is engaged in are spread across Public Health and OSA and these groups are represented on the workgroup. Some caregiver questions have been added to the Michigan Behavior Risk Factor Surveillance Survey that will be helpful to target the limited resources. The group supports the TCARE (Tailored Caregiver Assessment & Referral) model, an evidence-based model to target services for caregivers, because it includes assessment care planning protocol and

some analysis for communities to better utilize resources. Under Objective #3, the workgroup supports the PATH program for chronic disease and self-management. Commissioner Chaney worked with Public Health to submit a grant which the state was awarded and now has a Disability Health Unit focusing on a strategic plan to help the health care community work with people who have life-long disabilities. Objective # 4, the Workgroup asked the Commission to support a proposed resolution that recommends the Office of Services to the Aging and its network broaden coverage of assistive technology to the federal definition that includes increasing the scope of assistive technology devices and services available in their programs to increase the benefit to participants.

Motion made by Commissioner Turnham, seconded by Commissioner Chesny, to accept the proposed resolution. Motion passed by voice vote. Commissioner Gire asked that the proposal be sent to the Commission on Aging.

C. Logic Model Review: Task Force Recommendation on Quality Management System – OLTCSS PAT Lead, Tari Muniz

The logic model is a result of the task force recommendations and retreat. The workgroup sees their role as supporting the work of the Commission and providing oversight. They are monitoring for quality and what a quality program should look like and if person centered planning is really happening across the spectrum, how they know it is happening, and the difference it will make as a result. The workgroup is also looking at the role of an independent advocate and how they can make that happen. They want to provide online help with a rating system where people can provide feedback and others can access the information. The Commission workgroup agreed on a definition on quality based on the task force definition and it's being shared others. The quality definition will be brought to the Commission for their endorsement.

Commissioner Farmer asked Commissioners to review the task force report's quality management system recommendations and the Model Act for possible inclusion in the logic model objectives. This will be further discussed at the next meeting.

 D. OLTCSS Integration & LTC Appropriations Updates – OLTCSS Director Peggy Brey & Co. + Commissioners

Kurt Krause held a public hearing on June 29, 2009, collected comments, and met with DCH leadership for input. A recommendation will be made to Director Olszewski for a final decision. Since the integration is part of an Executive Order, it wasn't known if approval would need to come from the next level. Peggy Brey shared with Director Olszewski and Mr. Krause the Project Action Teams logic models and approaches taken to actualize and operationalize the task force recommendations in combination with the System Transformation Grant. They were supportive of our approach. When available, Steve Stauff, the newly hired Budget Division Manager will present the House Fiscal Agency budget update.

V. What Needs to Happen

A. Commission Action on Next Steps in State Budget Advisement & Advocacy = Resources for Activities – Commissioner Farmer

As a result of the May 11, 2009 Commission meeting, three budget advocacy letters were sent to the legislature and the Governor. DVDs from the video taping of the May 11, 2009 briefing session on the state's budget crisis were distributed to members for local advocacy activities.

Commissioner Farmer will provide a web link to the Michigan League for Human Services new fact sheets that focus on various aspects of taxation policy and reform opportunities.

In budget news, the House Republicans have issued a 16 page white paper/analysis on cuts to the state budget. There is a proposal that would impact OSA by cutting \$24 million in state funds. There is a campaign in the aging network to fight the proposal. There is a proposal to consolidate the AAAs with local level public health departments. The 4% cuts in nursing homes weren't actualized through a cut but as an adjustment in the Quality Assurance Assessment Payments. It was noted that there is a federal cap on the QAAP and after a certain point payments cannot be cut.

B. September Commission Needs

- National health care reform
- LTC at the federal level, briefing at the state level, and missing LTC provisions
- Two more logic model reviews
- Discussion and briefing of the Office integration
- Revisit the quality management definition and adoption

C. Other Commission Announcements and Adjournment

Commissioner Turnham announced that the U.S. Department of Labor issued a solicitation on the availability of funds for healthcare worker training and placements. The project is meant to fund training, education and job placement activities in health care and other "high growth" sectors. DoL intends to fund 45 to 65 projects ranging from \$2 - \$5 million each. Applications are due October 5th. An online webinar discussing the solicitation will be available on August 12th. The press release and the federal register will be emailed. PHI Michigan is wiling to help those who want to apply.

The next Advisory Commission meeting will be held on Monday, September 28, 2009, from 10:00 a.m. until 4:00 p.m., in Lansing at the Capitol View Building, Conference Rooms A-C.

There being no further business, the meeting was adjourned.